

A Room Full of Kindness

Every Child Leaves Their Mark

Youth Assembly

Deborah DiMiceli | Esteem Academy

“Every child who walks into this assembly leaves a handprint on a paper tree. By the time the last child arrives, the room goes quiet before it goes loud, because they created something special together.”

A Room Full of Kindness is a 30-minute interactive assembly for schools, after-school organizations, libraries, and community youth groups. It introduces children to one of the most important ideas they will ever encounter: they belong, they matter, and the way they treat themselves and others travels farther than they realize. Every session is built around the Community Tree, a large paper tree that every child in the room adds their handprint to, so the message is something children do, not just something they hear.

TWO AGE-MATCHED TRACKS

- **The Kindness Spark (Grades K–2):** an introduction to the idea that every child belongs and matters. Through movement, storytelling, and the handprint tree, younger children build a shared symbol of their community and leave with a simple kindness practice they can use right away.
- **The Ripple Effect (Grades 3–5):** for kids ready to think bigger. This session explores how one person’s kindness travels into friendships, classrooms, and communities, and introduces the science of self-image and esteem before children add their handprint to the tree.

THE COMMUNITY TREE

Each child colors their hand and presses their print onto a large paper tree displayed in the room: a simple, joyful picture of their unique value. Children understand it immediately: I am here, I belong, and I have something meaningful to contribute. The tree stays with your organization as a living centerpiece. Staff point to it, kids show their parents, and new participants add their own mark.

WHAT YOUR ORGANIZATION RECEIVES

- A fully facilitated 30-minute assembly with no preparation required from your staff
- All materials provided: paint or ink, the paper tree installation, and a take-home card for every child
- A session built specifically for each age group, K–2 and 3–5
- The Community Tree installation, which stays with your organization permanently
- A brief parent and caregiver note to send home summarizing the session’s key message

FORMATS

30 min *The Kindness Spark*

Grades K–2. Playful, movement-based, story-driven

30 min *The Ripple Effect*

Grades 3–5. Interactive and identity-focused

AT A GLANCE

Grades K–5 (ages 5 to 11)

Any group size

Now booking 2026 to 2027

IDEAL FOR

YMCA Day Camps & After-School Programs, Boys & Girls Clubs, Elementary Schools, Community Center Youth Programs, Parks & Recreation Camps, Library Reading Programs, Vacation Bible School & Youth Groups

INSTALLATION

The Community Tree: every child’s handprint on one tree, left with your organization as a lasting reminder that each of them belongs.

PAIRS WITH

The Kindness Culture Workshop for parents, caregivers, and educators, so the message children bring home is met with the same language.

Deborah DiMiceli is a TEDx speaker, Amazon #1 bestselling author, and founder of Esteem Academy. She has delivered youth assemblies in schools across the country, and her work with young people is grounded in one belief: the earlier a child learns that they belong, the longer that message lasts. Author of *Trading Mirrors* (Bold Publishing, 2026), an Amazon #1 bestseller. deborah@esteemacademy.life · esteemacademy.life